



ST. LOUIS COUNTY EATS

AN EASY, NO-FAIL RECIPE TO LEARN ABOUT
THE PAST



This photograph taken in the 1930s shows the Bamboo Inn located at 220 Superior Street, right underneath the North American Telegraph Company.

Under the Chinese Exclusion Act of 1882, Chinese immigration was heavily restricted, but a limited amount of merchants were able to obtain visas. Meaning that those who owned restaurants could enter the U.S. and start businesses here. By the 1920s and 30s, Chinese-American cafeterias were very popular amongst the American middle class.



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This photograph from 1940 shows workers and patients at the serving line in Nopeming Sanitorium's cafeteria.

During this time in history, proper nutrition was a large part of treatment for patients recovering from tuberculosis. During the 1940s, there were often between 200 and 300 patients living at the sanitorium. Kitchen aids, like those pictured here, delivered healthy meals with a smile!



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This photograph was taken around 1925 of Superior Street in Duluth. Located next to the Lyric theatre, three adjacent eateries are lined up, the Arrowhead Cafeteria, Canton Cafe, and Victor Huot French Confectioner.

Victor Huot sat in the middle of these three businesses. It was a patissier and soda fountain that was a popular and refined spot for those who were attending shows at the Lyric Theater right next door!